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A Model Story

From age 6 onwards being unable to make sense of anything using words I couldn't trust any word I used and so couldn't share any experience successfully and join in with any social group.

Over the next 18 years while every other 6 year old's ability to make sense of their own experience matured, mine increasingly fragmented and my confusion deepened relentlessly. Their ability was better than mine regardless of what I did, and so the idea that my underlying sense-making machinery simply didn't work became deeply embedded – a belief damaging my ability to converse freely throughout my life to date.

From teenage years onwards with social survival in mind I increasingly avoided company simply to avoid the pain of failure to communicate, and in company avoided speaking in order to minimise the pain or tried to say the right thing or something special in order to seek approval.

For almost all of my adult life I could only look on as others were enjoying conversation in social groups – friendships, relationships, groups, teams, companies, business organizations, clubs, marriage, families, etc. As a consequence of this my experience in social groups has always been nothing like anyone else's that I've been in communication with to date.

Aged 24 I turned my introversion 180° around by graduating from an effective consciousness training and like all graduates the experience began a process of making life work through responsibility and personal growth. While other graduates simply expanded their already existing individual communication ability using words in social groups, I was still having to look on – the only words that I had trust in using were certain key words that had worked for me during the training. My number one desire was still somehow to create my ability to converse freely.

Simply by having graduated I had begun a process of learning meanings and use of words that work for me and that I have trust in using as I was incrementally validating and affirming a lifetime's backlog of unshared experience. In later life I was able to make enough sense using words for me to have a lasting relationship with my first partner and later my current partner who is now my wife. During both relationships I needed and used the written word to clarify my confusion.

Eventually, aged 61 I completed the validating, affirming, and publishing of **a written form of the complete training experience** – a book that includes a description of a complete working model of our common underlying sense-making machinery. Finally, aged 64 I began giving presentations on the model and its use in business organisations.

In knowing that I have already made sense of my entire experience to date using words through use of the model, my lifelong belief is an untrue belief. As a natural consequence of this my lifelong social survival tactics are now redundant and my intention is, to learn to converse more freely in social groups.