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## **Briefly**

***“What is is, and what ain’t ain’t.”*** Werner Erhard

An Essential Preview (2018) is an extract from: Chapter 1: An Idea In Being (1997), a description of, what is and what it contains – Chapter 1: An Idea In Being (1997) is the core of The Exegesis Programme book.

Book production began in the middle with Chapter 1: An Idea In Being (1997), proceeded to the end with Constituent 7: The End Result (1998), then from the middle backwards to the introduction (2015). To convey a single message throughout the book, verbiage was reduced to a minimum and specific words were clearly, concisely and well defined.

The purpose of the book is to allow you the reader to establish the truth of your experience literally in order to harmonise with what is; that creates an opportunity to release and use your innate intelligence to disappear feelings of separation in opposition to your goal that keep you from achieving it.

You may get a sense of the essential experience from reading Chapter 1: An Idea In Being (1997) or/and Constituent 7: The End Result (1998). To get it completely however, you have to share your experience of working through the book.

***“If you’re not sharing it, you never got it.”*** Werner Erhard

***“To get it, you’ve got to give it away.”*** Robert D’Aubigny

With verbiage in Chapter 1: An Idea In Being (1997) already reduced to a minimum [to be accepted for publication in Kybernetes: The International Journal of Systems and Cybernetics, the then editor was saying that Chapter 1: An Idea In Being (1997) still had to be shortened] work continued on the book. By 1998 Constituent 7: The End Result (1998) had been peer-reviewed and accepted for publication in the journal – at the last minute publication was prevented by a surprise demand for copyright from the parent publishing company overruling a prior agreement made with the editor.

In 2001 the main body of The Exegesis Programme book was completed and in 2015 an introduction was added and the book published.

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## Part 1: **BEING IN COMMUNICATION**

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Chapter 1:	<b>An Idea in Being</b>
Chapter 2:	<b>Organization</b>
Chapter 3:	<b>Communication</b>

### **Chapter 1: An Idea in Being**

In communication, an idea in being, connection between communication and organization, is the experience of the self being validated and affirmed.

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#### **1.1: An Idea**

In communication, an idea in being is connection between communication (as modelled and represented by the text in Figure 1) and organization (as modelled and represented by the diagram in Figure 2). As an idea, a literal model of what is in a mind is being reduced to valid essence as the conceptual model, the contained model of the self.

#### **1.2: Control**

It is a “cybernetically proven fact that ..... copyright .....” [12].  
“When I say that any system is ‘in control’, I mean that ..... copyright .....” [13].

As the observer in communication, a mind is containing, creating, and regulating the experience in being as the contained model of the self. In not accepting part of the experience in being, a mind is not what is in control. In the sharing of the experience in being as accepting the experience, a mind is what is in control.

### 1.3: Definitions of Terms

The terms defined in (a) and (b) below are used in this book.

(a) the following terms and definitions have been taken from The Pocket Oxford Dictionary, 5<sup>th</sup> edn, 1969[14]:-

<b>experience.</b>	... .. <i>copyright</i> ... ..
<b>knowledge.</b>	... .. <i>copyright</i> ... ..
<b>conscious.</b>	... .. <i>copyright</i> ... ..
<b>consciousness.</b>	... .. <i>copyright</i> ... ..
<b>conjoin.</b>	... .. <i>copyright</i> ... ..
<b>thing.</b>	... .. <i>copyright</i> ... ..
<b>* essence.</b>	... .. <i>copyright</i> ... ..
<b>essential.</b>	... .. <i>copyright</i> ... ..
<b>valid.</b>	... .. <i>copyright</i> ... ..
<b>validate.</b>	... .. <i>copyright</i> ... ..
<b>fact.</b>	... .. <i>copyright</i> ... ..
<b>affirm.</b>	... .. <i>copyright</i> ... ..
<b>notion.</b>	... .. <i>copyright</i> ... ..
<b>idea.</b>	... .. <i>copyright</i> ... ..
<b>OK.</b>	... .. <i>copyright</i> ... ..
<b>correct.</b>	... .. <i>copyright</i> ... ..
<b>accordance.</b>	... .. <i>copyright</i> ... ..
<b>exist.</b>	... .. <i>copyright</i> ... ..
<b>create.</b>	... .. <i>copyright</i> ... ..
<b>recur.</b>	... .. <i>copyright</i> ... ..
<b>natural.</b>	... .. <i>copyright</i> ... ..

(b) the following terms have been defined by the author:-

<b>container.</b>	thing that contains thing(s)
<b>* essence.</b>	single whole, the conjoining
<b>accept.</b>	let go of wanting to change
<b>willing.</b>	open to accepting
<b>concept.</b>	idea in being
<b>observe.</b>	see what is
<b>awareness.</b>	sensing what is
<b>realize.</b>	create as fact

## 1.4: Communication

Let essence of communication be:-

- (1) *“The experience of the self being validated and affirmed.”* [15].

And let communication be:-

- (2) *“The sending of an idea, across space/distance, to a receiving point.”* [16].

In communication, let an idea be understanding be the concept be being OK be truth be sense be the experience that IS: being willing IS accepting the experience IS being IS existence IS what is IS reality IS the ‘here and now’.  
As such, in communication:-

- (3) an idea = understanding  
= the concept  
= being OK  
= truth  
= sense  
= the experience
- (4) the experience = being willing  
= accepting the experience  
= being  
= existence  
= what is  
= reality  
= the ‘here and now’

## 1.5: A Mind

- (5) *“Incidentally, if we put the self as ... .. copyright ... ..”* [17].

Let the experience (= being) contain a mind, where a mind: IS the self IS the Viable System Model (= the VSM) IS what is in control as defined in the science of management cybernetics. As such, the concept IS: the experience (= being) IS the Container of a mind, and a mind: IS the manager IS the regulator in the experience (= being):-

- (6) the experience = the Container of a mind  
= the Container
- (7) a mind = the self  
= the VSM (= the Viable System Model)  
= what is in control  
= the regulator in the experience (= being)  
= the regulator  
= the manager

In observation in a mind in the experience: let a mind (= the VSM) be containing, creating, and regulating a mind (= the self). As such: a mind IS the container, the creator, and the regulator of a mind (= the self); a mind IS the self container IS the self contained IS the self creator IS the self created IS the self regulator IS the self regulated. And the concept IS: the Container (= the experience) contains the container (= a mind):-

- (8) a mind = the container of a mind  
 = the container  
 = the creator of a mind  
 = the creator  
 = the regulator of a mind  
 = the regulator  
 = the self container  
 = the self contained  
 = the self creator  
 = the self created  
 = the self regulator  
 = the self regulated

- (9) the Container (= the experience) contains the container (= a mind).

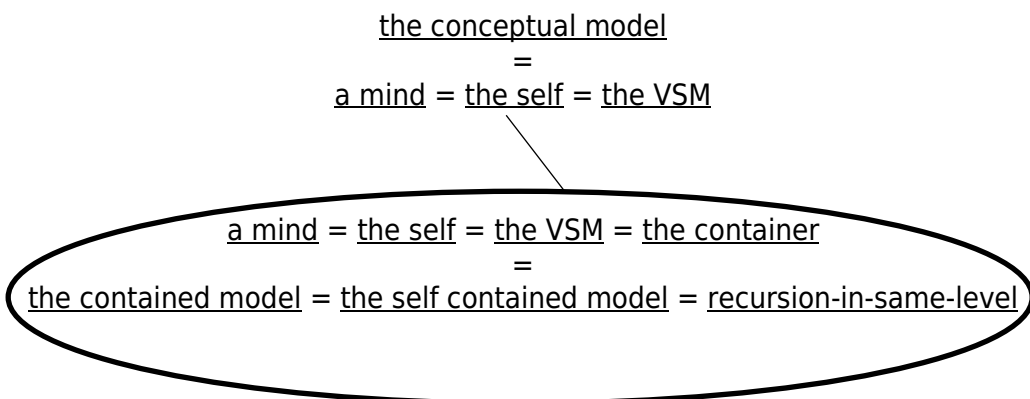
In observation in a mind in the experience: a mind (= the regulator = the self regulator = the self regulated) is working and:-

- (10) “We need to bear in mind the cybernetic fact that ... .. copyright ... ..” [18].

- (11) “recursion” = “... .. copyright ... ..” [19].

As such, a mind (= the self = the VSM = the container = the self container = the self contained) IS the contained model IS the self contained model IS recursion-in-same-level IS the conceptual model that is being represented in the diagram below:-

- (12) a mind = the contained model  
 = the self contained model  
 = recursion-in-same-level  
 = the conceptual model



## 1.6: The Conceptual Model

In observation in the conceptual model: let a mind (= the VSM) be containing, creating, and regulating the experience (= being). As such: a mind IS the container, the creator, and the regulator of the experience; a mind (= the container) contains the experience (= the Container) contains a mind (= the container) contains the experience (= the Container) etc.. And the concept IS: the container (= a mind) IS recursion-in-same-level IS the Container (= the experience) IS the conceptual model that is being represented in the diagram below:-

(13) a mind = the container of the experience  
= the container  
= the creator of the experience  
= the creator  
= the regulator of the experience  
= the regulator  
= recursion-in-same-level  
= the experience  
= the Container

(14) a mind (= the container) contains the experience (= the Container)

(15) the container (= a mind) contains and IS: the Container (= the experience) contains and IS: recursion-in-same-level IS the conceptual model.

the conceptual model  
=  
the experience = a mind = the self = the VSM

the experience = the Container = a mind = the self = the VSM = the container  
=  
the contained model = the self contained model = recursion-in-same-level

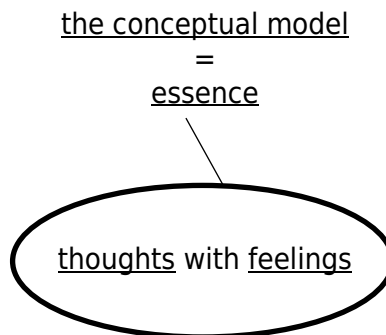
## 1.7: Essence

In observation in the conceptual model: the experience IS knowledge IS knowing IS awareness IS consciousness IS whole IS thoughts with feelings IS the content:-

- (16) the experience = knowledge  
= knowing  
= awareness  
= consciousness  
= whole  
= thoughts with feelings  
= the content

For clarity with simplicity in the concept, let the experience be reduced to essence (= the conjoining = single whole). As such, essence IS the conjoining IS single whole IS thoughts with feelings IS the content IS the experience IS the Container IS a mind IS the self IS the VSM IS the container IS the contained model IS the self contained model IS what is in (3) to (9) IS what is in (12) to (16) IS the conceptual model that is being represented in the diagram below:-

- (17) essence = single whole  
= the conjoining  
= thoughts with feelings  
= the content  
= the experience  
= the Container  
= a mind  
= the self  
= the VSM  
= the container  
= the contained model  
= the self contained model  
= what is in (3) to (9)  
= what is in (12) to (16)  
= the conceptual model





**1.8: Parts and Things**

In observation in the conceptual model: essence contains and is: parts IS parts of essence IS parts of...

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**1.9: Essential Existence**

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**1.10: Essential Parts**

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**1.11: Valid Essence**

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**1.12: The Essential Self Regulator**

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**1.13: The Observer**

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**1.14: Truth**

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**1.15: Desire**

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